

## ABSTRACT

There is provided a stowable or foldable ladder configured for installation in an opening to provide access between one floor or space and another floor or space. In one aspect, there is provided an upper ladder section having a left ladder rail and a right ladder rail, a lower ladder  
5 section having a left ladder rail and a right ladder rail, a hinge rotatably connecting the upper ladder section left ladder rail to the lower ladder section left ladder rail and rotatably connecting the upper ladder section right ladder rail to the lower ladder section right ladder rail, and a plurality of steps rotatably disposed between the upper pair of ladder rails and the lower pair of ladder rails, wherein the plurality of steps are configured for rotation between a retracted position  
10 and a deployed position.